

# COVID 19 Protocols Effective June 8, 2022

## Isolation and quarantine guidance and protocols

Guidance for Children in Child Care, K-12, OST, and Recreational Camp Settings:

- **Quarantine for asymptomatic exposed children**, regardless of where the exposure occurred, is **no longer required for these settings**. Children who are identified as close contacts may continue to attend programming as long as they remain asymptomatic. Those who can mask should do so until Day 10. A test on Days 2 and 5 is recommended, but not required.
- **Children who test positive** must **isolate for at least 5 days**. If they are asymptomatic or symptoms are resolving and they have been fever free for 24 hours, **they may return to programming after Day 5, provided:**
  - **If the child is able to mask, they must do so through Day 10.**
  - **If the child is unable to mask, they must have a negative test on Day 5 or later in order to return to programming prior to day 11.**
- Symptomatic children can remain in their school or program if they are tested immediately onsite, and that test is negative. Best practice would also include wearing a mask, if possible, until symptoms are fully resolved.
- **FOR SYMPTOMATIC CHILDREN FOLLOW:**
  - If the **symptomatic child** cannot be tested immediately, they should be sent home and allowed to return to their program or school if they test negative, or they have been fever-free for 24 hours without the use of fever-reducing medication and their symptoms have resolved, or if a medical professional makes an alternative diagnosis. A negative test **is required** for return if the latter two conditions are met.

Note: At this time, the US Food and Drug Administration (FDA) has not approved or authorized any at-home rapid antigen test for use in children under 2 years of age. However, at-home rapid antigen tests may be used off-label in children under 2 years of age for purposes of post-exposure, isolation, and symptomatic testing. It is recommended that parents or guardians deciding to test children under 2 years of age administer the at-home rapid antigen test themselves.

## COVID-19 symptoms

- Fever (100.0° Fahrenheit or higher), chills, or shaking chills
  - Difficulty breathing or shortness of breath
  - New loss of taste or smell
  - Muscle aches or body aches
  - Cough (not due to other known cause, such as chronic cough)
  - Sore throat, *when in combination with other symptoms*
  - Nausea, vomiting, *when in combination with other symptoms*
  - Headache, *when in combination with other symptoms*
  - Fatigue, *when in combination with other symptoms*
  - Nasal congestion or runny nose (not due to other known causes, such as allergies), *when in combination with other symptoms*
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