



Valuing Our Children



PARENTING JOURNEY

Group will run virtually
on Fridays
March 4th to May 20th
10 - 11:30 am



This 12 week virtual parenting class will help parents:

- Identify strengths and increase resiliency
- Learn to tackle everyday stressors and challenging situations
- Become more confident and optimistic about achieving personal goals
- Increase ability to nurture themselves and their children.

For more information or to register call
Christine or Summer 978-249-5070,
Scan the QR Code or [click here to register.](#)

